

THE ROSE SANCTUARY
AT THE ORIDA HOTEL



PAMPER PACKAGES

ALL PAMPER PACKAGES INCLUDE ROBES, TOWELS &
USE OF THE POOL FACILITIES

- 30 MINUTE TREATMENT WITH AFTERNOON TEA
£72.50PP
- 30 MINUTE TREATMENT WITH LIGHT LUNCH
£79PP
- 30 MINUTE TREATMENT WITH DINNER
£83PP

*(BACK, NECK & SHOULDER MASSAGE/ MINI DERMALOGICA
FACIAL/ BODY EXFOLIATION THERAPY/ SHOULDER, NECK &
SCALP MASSAGE)*

- 1 HOUR TREATMENT WITH AFTERNOON TEA
£92.50PP
- 1 HOUR TREATMENT WITH LIGHT LUNCH
£99PP
- 1 HOUR TREATMENT WITH DINNER
£103PP

*(SWEDISH FULL BODY MASSAGE / DERMALOGICA
PRESCRIPTIVE FACIAL / REJUVINATING BACK TREATMENT/
FACE & BACK COMBO/ BODY GLOW/ BODY BALANCE)*

07746308370

BODY TREATMENTS

Body exfoliation therapy

We exfoliate your body to remove dead skin cells and brighten the skin, we then remove with warm mitts and finishing off with the Dermalogica body cream which will hydrate and leave your skin glowing.

30 mins £48

Rejuvenating back ritual

A real treat for the back, starting with a cleanse, a deep exfoliation, a distressing mask all with steam. While the mask is on you will receive a relaxing scalp massage. Once the mask has been removed we will finish the treatment with a stress relief massage.

60 mins £75

Face and body combo

This treatment starts with a back scrub to remove dead skin cells, followed by a back massage and a scalp massage, finished with a cleanse, massage and moisturiser on the face.

60 mins £75

Body glow

This is a full body scrub with a full body moisturise finished with a back neck and shoulder massage.

60 mins £75

Body balance

The body balance treatment is designed to re charge and revitalise. Starting with a mini Dermalogica facial and finished with a lower leg and foot massage.

60 mins £75

MASSAGES

Swedish back neck & shoulder massage

30 mins £45

Swedish full body massage

60 mins £65

Deep tissue back neck & shoulder massage

30 mins £48

Deep tissue full body massage

60 mins £72

Aromatherapy back neck & shoulder massage

30 mins £47

Aromatherapy full body massage

60 mins £67

LAVA SHELLS

Back neck & shoulder massage

30 mins £55

Full body massage

60 mins £80

BAMBOO

The Tiger clam shells originate from the Philippines and are heated for a deep relaxation and to help detoxify the muscles.

Back neck & shoulder massage

30 mins £52

Full body massage

60 mins £75

Bamboo massage is a deep tissue therapy of various sizes to knead and stroke muscles, helping to release muscle tensions and improve circulation.

Indian head massage

30 mins £45

Indian head massage is an ancient traditional massage and the Ayurvedic system of healing that has been practiced in India for thousands of years. Indian head massage helps relieve tension and stress in tissue and joints in the head, neck shoulders and face.

Reflexology

45 mins £52

Reflexology increases blood circulation, reduces stress, calms in mind, releases the body's own natural painkillers and stimulates the immune system. Overall, a brilliant way to relax.

WAXING

Warm wax

Full leg & bikini	60 mins	£41
Full leg	45 mins	£33
¾ leg	30 mins	£30
½ leg	30 mins	£27
Under arm	15 mins	£15
½ arm	30 mins	£21
Full arm	45 mins	£25
Eyebrow	15 mins	£14
Lip	10 mins	£13
Chin	10 mins	£13
Lip & chin	15 mins	£17
Back	30 mins	£24
Chest	30 mins	£24
Back & chest	45 mins	£35

Hot wax

Under arm	15 mins	£19
Bikini line	30 mins	£21
Brazilian	40 mins	£33
Hollywood	50 mins	£39

EYE TREATMENTS

Eyebrow tint	15 mins	£18
Eyelash tint	45 mins	£24
Eyelash & eyebrow tint	45 mins	£29
Henna brows	60 mins	£34
Brow lamination	45 mins	£32
Lash lift	75 mins	£57
Lash lift & tint	90 mins	£62

Get length, volume & lift for your natural lashes. This will brighten and lift your face and is one of the essential treatments chosen by many celebrity make up artists which gives that stunning wide-eyed look.

Please note: a patch test must be carried out 24 hours prior to application.

SHELLAC

Shellac is a power polish service, lasting up to 14 days. It is a hybrid (half polish, half gel) nail treatment. With a beautiful mirror shine finish, Shellac provides strength and longer lasting chip resistant nails.

Removal is complementary if the shellac is reapplied.

Hands	60 mins	£33
Feet	60 mins	£35
Soak off	15 mins	£13
Builder gel with shellac	75 mins	£38

This is a gel like nail polish that strengthens and protects the natural nails and helps with nail growth.

CND
VINYLUX

footlogix[®]
PEDICUTICALS

MANICURES

Prescriptive manicure with Vinylux 45 mins £32

This manicure is designed to treat your individual nail type. The manicure includes cuticle care, exfoliation, massage and finished with polish.

Deluxe manicure with Vinylux 60 mins £40

The deluxe manicure includes all the benefits of the Prescriptive manicure, combined with the lavish added benefits of the thermal mitts, which helps the oils and creams penetrate deep into the skin.

Mini manicure with Vinylux 30 mins £20

This treatment includes shaping of the nails, cuticle care and polish.

PEDICURES

Footlogix is the world's first and only Pediceutical Moose Foot Care line made with pharmaceutical grade ingredients. This is a revolutionary and innovative foot care line formulated to provide effective, transformational care for a variety of skin conditions.

Spa pedicure with Footlogix 60 mins £37

An indulgent foot and lower leg treatment, which softens hard skin. A therapeutic massage deeply conditions and moisturises the feet and cuticles. Finished with polish.

Deluxe spa pedicure with Footlogix 75 mins £45

The spa deluxe pedicure includes the benefits of the spa pedicure, with the luxurious addition of the cooling foot mask and the thermal booties to help the oils and creams penetrate deeper, softens cuticles and soothing stiff joints.

Mini pedicure with Footlogix 30 mins £28

This treatment includes shaping of the nails, cuticle care and polish.

SKIN TREATMENTS

Dermalogica's skin treatments are 100% customised to your skins needs for men and women, with a thorough zone by zone face mapping skin analysis, making it one treatment that is different every time! Think of it as your personal routine, created especially for your skins needs.

The Dermalogica prescriptive facial 60 mins £65

This facial is customised to your skin type to deliver your skins best health which involves a combination of a professional double cleanse, exfoliation, extractions, serums, mask, chest neck, and scalp massage finished with a toner and skin protection.

The mini Dermalogica 30 mins £48

This is a mini customised facial. Great as a top up between your regular prescriptive facials or the perfect little pick me up.

dermalogica